

INFORMATIONAL BROCHURE

DURHAM COUNTY COOPERATIVE EXTENSION

Empowering people,
providing solutions.

Understand how the six
Extension programs impact
the Durham community
through education,
advocacy and compassion.



DURHAM COUNTY
Cooperative Extension
Durham County Center



COOPERATIVE
EXTENSION

ABOUT THIS PROGRAM

Welcome Baby has been a staple of the Durham community for over 30 years. The wide range of programs offer emotional and practical family support designed to strengthen families and caregivers with young children ages zero to five years. All services and programs are offered in English and Spanish. The programs also offer specialized assistance including parents of children with autism and teen parents.

WELCOME BABY

Providing parents with the tools necessary for happy, healthy children.



COMMUNITY IMPACT

- **2,000** families per year provided with baby clothing and equipment through Welcome Baby's Giving Closet
- Incredible Years series led to **decrease in harsh parental discipline**
- Durham teen parents assisted weekly with **research-based education** and emotional support

4-H YOUTH DEVELOPMENT

Building the leaders of tomorrow by empowering the youth of today.

ABOUT THIS PROGRAM

4-H offers youth clubs, summer camps and life skill activities for participants aged 5-19.

Extension educators and volunteers provide youth with skills and experience to help them become citizens and leaders. Potential volunteers are screened and trained to lead effectively and with a hands-on approach.

Participants will learn about a wide variety of life skills and social responsibility initiatives.



COMMUNITY IMPACT

- **651** youth given experience with STEM and gardening programs in 2018
- **614** volunteers helped lead over **50** workshops and camps in 2018

*"4-H has a club for every interest, and being the president of the council has given me great leadership experience."
-Taylor, high schooler and six-year participant in 4-H*

ABOUT THIS PROGRAM

Community Outreach develops youth and adults, interest groups and the community to build problem-solving and lifestyle skills.

- Parent & Family Advocacy and Support Training (PFAST) and Latino PFAST are multi-week training series to help parents navigate the public school system and advocate for their children's success.

COMMUNITY OUTREACH

Equipping families with resources for successful personal and financial endeavors.

COMMUNITY IMPACT

- **100% satisfaction** among PFAST and LPFAST participants after program completion
- **12 bilingual professionals** trained as LPFAST facilitators in 2018

ABOUT THIS PROGRAM

Horticulture and Agriculture provides research-based training to consumer and professionals. Extension Master Gardener Volunteers educate consumers on plant care and management through workshops and classes. Plant and animal producers receive ongoing support through direct consultation, workshops and professional pesticide certification.

HORTICULTURE AND AGRICULTURE

Giving farmers and consumers a safe and enjoyable space to learn about various forms of gardening.

COMMUNITY IMPACT

- **128** Extension Master Gardeners made **9,872** educational contacts through gardening presentations and plant information booths in 2018
- Community gardeners generously gave **7,014 hours of volunteer time** to provide educational opportunities in 2018

ABOUT THIS PROGRAM

FCS provides research-based programs in food and nutrition. The programming helps people of all ages understand how to build healthy meals and cook them. Family and Consumer sciences also incorporates a farm-to-table approach, using the resources of the Briggs Avenue Community Garden to incorporate fresh and nutritious food.

FAMILY AND CONSUMER SCIENCES

Helping Durhamites cook nutritious and sustainable meals for a lifetime of health.



COMMUNITY IMPACT

- Conducted **127** food and nutrition workshops for diet-related disease prevention in 2018
- Educated **63** families on growing sustainable produce at the Briggs Avenue Community Garden in 2018

"If you've never planted a seed in the ground before or you have the greenest thumbs in the east, this is the place for you."

-Cheralyn Berry, FCS Coordinator

KIDS VOTING DURHAM

Growing youth into informed and politically active citizens.

ABOUT THIS PROGRAM

Kids Voting Durham helps young people understand the power of exercising their civic duty. The voting education combines classroom curriculum, hands-on experience and collaboration with local political figures. Kids Voting provides youth 18 and under with a realistic voting experience that will prepare them for a lifetime of civic engagement.



COMMUNITY IMPACT

- **10,000** Durham youth participated in the Kids Voting Durham Elections in 2018

"We know that youth often have a lot to say but don't have the confidence to say it and contribute to that dialogue. We want them to have that opportunity and to know from early on that their voice counts."

-Carolyn Krueger, Kids Voting Durham